

# **Activities for Adults**

## **General Interest**

**Alert Parents, Safer Kids 480-350-5201**-Do your children attend school? Do they participate in sports? Are they ever with someone other than you? If you answered 'yes' to any of these questions this program is for you! It's time to be realistic and understand we can't put the responsibility for children's safety only on the children- we have to be involved and educated too. Parents learn valuable information supported by Security Specialists, Law Enforcement and authorities from Missing Persons Organizations. We focus on information not available in any other safety program for parents. Class attended by adults only. If both parents want to attend, the second registration is \$10 (call 480-350-5752 for this discounted registration). Teachers earn 2 CEUs. Bring pen and paper, optional \$5 book available. Fee: \$27.  
3277 18yrs+ T 10/3 6:30-8:30pm KRC



**Baby Signs® Workshop 480-350-5201**-Parents, prevent frustration and tantrums from your child by teaching them to communicate through sign language. Increase your child's vocabulary and learning potential. This workshop is designed for parents of infants, toddlers and parents to be. A \$40 supply fee is due to the instructor at the beginning of class. (Parent workshop, only adults may attend.) Fee: \$29.  
3278 18yrs+ Sa 9/16 9-11:30am KRC  
3503 18yrs+ Th 11/9 6-8:30pm KRC

**Check Out a Baby Brain Boxes**-The Tempe Public Library and Escalante Community Center offer these interactive and beneficial activities for parents/caregivers and children. The Baby Brain Boxes consist of 12 individual kits: two for infants (infant-6 months), two for babies (6-12months), two for toddlers (12-18 months) and six for pre-school (18-24 months) children. Each box contains activities that encourage healthy brain development. Specific instructions are included. Numbers are limited. Parents/Care givers can check out one box at a time for a two week period. Parents/ Caregivers are responsible for replacing all perishables, lost or damaged items. To check out a baby brain box call 480-350-5802. Fee None.  
18yrs+ T-F 9/12-12/15 11am-5pm ESCA

**Creating a More Positive Future 480-350-5511**-Personal coach and goals strategist, Nancy Nordstrom, helps attendees realize their goals and improve their lives by finding and keeping a positive outlook.  
W 10/25 6:30pm CAFÉ

**Dog Training**-Socialized obedience for pet owners who don't want to be dog trainers, but want control of their dog. Training leash (6') and nylon slip collar required, no prong collars permitted. Slip collar available for purchase from instructor \$3-\$5. Dogs must be at least 5 months old and have had all shots and license. Proof required of both vaccinations and licensing at first class. Must attend all classes to be eligible for test and certificate. Fee: \$39.



3053 18yrs+ Sa 9/16-11/4 9-10am HOL  
3052 18yrs+ W 9/20-11/8 6:30-7:30pm HOL

Classes begin the week of September 11 unless otherwise noted within class description. See page 2 for Code of Location Abbreviations.

## **American Heart Association®**



### **Fighting Heart Disease and Stroke**

**CPR Heartsaver plus AED 480-350-5201**-This course is intended for the general public. This American Heart Association (AHA) course teaches the basic techniques of adult, child and infant CPR (cardiopulmonary resuscitation), how to use an Automated External Defibrillator (AED), what barrier devices are and what to do for choking. The course teaches how to recognize the signs of four major emergencies: heart attack, stroke, cardiac arrest and foreign-body airway obstruction. It also teaches ways to prevent many childhood emergencies. Participation cards will be issued at the successful completion of the course. Students must purchase Heartsaver CPR/AED book (\$12) before class, (available in the Kiwanis Recreation Center pro shop.) Fee: \$30.  
3324 16yrs+ Sa 9/16 8:30am-12:30pm KRC  
3325 16yrs+ Sa 10/28 8:30am-12:30pm KRC  
3326 16yrs+ Sa 11/18 8:30am-12:30pm KRC

**CPR Health Care Provider 480-350-5201**-This American Heart Association BLS (Basic Life Support) Healthcare Provider course is designed to meet the needs of healthcare professionals. The course includes adult and pediatric CPR, mouth to mask techniques, bag valve mask use, foreign-body airway obstruction and two-rescuer CPR. This course also contains information on barrier devices, stroke and AED use. Participation cards will be issued upon successful completion of the course. Students must purchase Healthcare Provider book (\$12) before class, (available in the Kiwanis Recreation Center pro shop.) Fee: \$35.  
3321 16yrs+ Sa 9/30 8:30am-12:30pm KRC  
3322 16yrs+ Sa 11/4 8:30am-12:30pm KRC  
3323 16yrs+ Sa 12/2 8:30am-12:30pm KRC

**First Aid; HeartSaver 480-350-5201**-This course is intended for the general public. This American Heart Association (AHA) course teaches rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical services personnel arrive. This course follows OSHA's recommendations for training the lay rescuer or non-healthcare professional in the proper techniques of emergency response and basic first aid. Topics covered include first responder procedures for the management of common medical emergencies (diabetes, environmental, seizure, allergic reactions) and traumatic injuries (shock, burns, bleeding, fractures). Students must purchase a Heartsaver First Aid book (\$9) before class, (available in the Kiwanis Recreation Center pro shop.) Participation cards will be issued at the successful completion of the course. Fee: \$35.  
3344 16yrs+ Sa 10/21 8:30am-12:30pm KRC  
3345 16yrs+ Sa 11/11 8:30am-12:30pm KRC  
3346 16yrs+ Sa 12/9 8:30am-12:30pm KRC

**Dogs: Save-A-Pet**-Taught by local veterinarians, class covers areas such as first aid for pet injuries or poisoning and CPR. A "must" for all pet owners. Tips on pet care and health is also included, as well as "hands-on" CPR with the resuscidog. Informative booklet included. Fee: \$11  
3156 18yrs+ T 10/17 6:30-8:30pm UNIV

**Empowering Women**-See page 7 for more information.

**French Language and Culture-480-350-5200**-A beginner's class for those who would like to learn about the country of France and the French language. Learn common phrases, vocabulary and pronunciation as you explore the cities, food, art, music and more of this interesting country. Instructor: Isabelle. Fee: \$37.  
3056 16yrs+ M 9/18-11/6 6:15-7:30pm WCC

**Goal Setting 480-350-5511**-Motivational speaker James Murphy will present a seminar about creating goals, measuring results, prioritizing, and finding the self-discipline to sustain your commitment.  
W 9/27 7pm CAFÉ

**For Kid Zone job opportunities see page 16.**

➤ **NEW! Life Coaching Group Circles**-Do certain aspects of your career or personal life feel out of balance? In coaching circles, you will explore 8 general areas of your life that directly affect your ability to succeed in life. This is completed in a group setting and with the assistance of a certified Life Coach. The objective is to focus on your goals and create clarity in your life. Fee: \$90.  
3065 18yrs+ T 9/12-11/7 6-7:30pm ESCA

➤ **NEW! Positive Discipline 480-350-5201**-This six week session is for parents who are looking for long-term parenting skills that will encourage their children to think for themselves, become more responsible and have a greater respect for themselves and others. The teachings of Positive Discipline are filled with non-punitive, respectful methods that will incorporate kindness and firmness into parenting, help parents get to the core of their child's misbehavior, bring more joy into the home and give parents a sense of accomplishment. Classes include experiential learning, inviting participants to try out and practice new behaviors in a safe setting. A fee of \$65 is due to the instructor the first night of class. Fee: \$10.  
3472 18yrs+ T 9/19-10/24 7-8:30pm KRC

➤ **NEW! Russian Language and Culture-480-350-5200**-A beginner's class for those who would like to learn about the country of Russia and the Russian language. Learn common phrases, vocabulary and pronunciation as you explore the cities, food, art, music and more of this interesting country. Instructor: Elena. Fee: \$37.  
3057 18yrs+ W 9/20-11/8 6-7:15pm PAC

**Self-Defense For Women**-see page 26 for description.

**Sign Language; Intermediate 480-350-5201**-Advance your vocabulary and signing conversations. Emphasis is on dialogue and receptive skills. Prerequisite: Beginning Sign Language. \$5 supply fee due to instructor on first day of class. Fee: \$41.  
3383 18yrs+ W 9/13-11/1 6-7pm KRC

**Spanish Level 1-480-350-5200**-Basic Spanish using common phrases and vocabulary for greetings, numbers, days, months, color, food, and weather. Instructor: Nancy. Fee: \$37.  
3071 18yrs+ M 9/18-11/6 6-7:15pm PAC

**Spanish Level 2-480-350-5200**-Continuation of level 1. You will learn more about verbs, idioms and forming questions. Instructor: Nancy. Fee: \$37.  
3072 18yrs+ M 9/18-11/6 7:30-8:45pm PAC

**Staying Motivated 480-350-5511**-Motivational expert James Murphy discusses ways to maintain your motivation and keep making progress toward your goals.  
W 10/11 7pm CAFÉ

### **Tempe Historical Society Barbecue**

Saturday, October 21, 5pm  
Plencner Plaza  
Enjoy a delicious dinner catered by Famous Dave's Barbecue and hear Western music during this special evening. Proceeds will help support the Tempe Historical Museum. For further details call 480-350-5100.





# Activities For Families

## Family Bingo Night

Bring your entire family, friends, and good luck charms and enjoy a fun filled night with prizes, raffles, and snack concession stand. All ages welcomed. Fee: \$2 per family.

3733 Families F 10/13 5:30-7:30pm ESCA  
3734 Families F 11/17 5:30-7:30pm ESCA



## Family Winter Wonderland

The holidays are a wonderful opportunity to create family memories. Come and enjoy holiday games, arts & crafts, snow, raffle prizes and a visit from Santa! Enjoyable for the entire family. A snack concession stand will be provided.

Fee: \$2 per person.

Families F 12/1 5:30-7:30pm ESCA

## Gingerbread Fantasia Saturday, December 2, 1-4 pm Tempe Historical Museum 480-350-5100

Free holiday festivities for the whole family. Bring a camera to take a picture with Santa himself. There will be "make and take" activities for the holiday season, cookies and punch. Listen to stories with a holiday theme. Call for more information.

## Museum Holiday Decorations Sat, 12/2 – Thurs, 1/4 Tempe Historical Museum 480-350-5100

Holiday decorations featuring gingerbread, doll house and model train themes will adorn the exhibit hall. Free admission.

## Petersen House Museum Holiday Showcase

Sat, 12/2 – Thurs, 1/4,  
Tues, Wed, Thurs and Sat,  
10am-2pm

Sun, 12/3-12/24, 12-3pm

The Tempe Historical Museum and the Danish Immigrant Museum of Elkhorn, Iowa will present a Danish Christmas at the Petersen House. There will be Danish Christmas trees from the 19th and 20th centuries. Stroll through the house and enjoy the decorations. Call (480) 350-5100 for information on programming that will be presented during this holiday season. Free admission.

## Tempe Symphony Orchestra Auditions



7:30pm, Aug. 25  
Gammage Auditorium  
(Room 311)

1200 S. Forest Ave.  
Musicians, especially string players, are invited to audition for the 2006-2007 Tempe Symphony Orchestra season. Bring instruments and music for the audition. Information: cwhite@dancris.com.

## Tempe Symphony Orchestra Concerts

7:30pm Oct. 9

Boyle Auditorium, McClintock High School  
1830 E. Del Rio Drive

Soloist: Carol Matthusen, principal cellist

### Music:

- *Froissart Overture*, Edward Elgar (1857-1934)
- *Kol Nidrie, Adagio On Hebrew Melodies*, Op. 47, Max Bruch (1838-1920)
- *Symphony No. 2 in C Minor (Little Russian)*, Peter Ilich Tchaikovsky (1840-1893)

7:30pm Nov. 27,

Gammage Auditorium

1200 S. Forest Ave.

The newly formed East Valley Chorus will join a group of soloists for the symphony's annual holiday concert.

Soloists: Katie McLin, violin; Thomas Landschoot, cello; Andrew Campbell, piano; Kimberly Marshall, Organ; Karen Hendricks Crawford, Soprano

### Music:

- *Triple Concerto (mvt. 1)*, Ludwig van Beethoven, (1770-1827)
- *Church Windows (w/organ)*, Ottorino Respighi (1879-1936)
- *Great Choruses from the German Requiem*, Johannes Brahms (1833-1897)

# MOVIES

## "Reels and Wheel" Movie Series at 6th St. & Mill Ave.

Wednesdays, movie begins at 6:30p.m.

Raffle begins at 6:15p.m.

6th St. Park at Mill Avenue  
480-350-5200

<http://www.tempe.gov/pkrec/movies.htm>

Free Admission, open lawn seating, bring your blanket, a picnic dinner and enjoy a great movie in the park! Concessions available

Date	Movie Title	Rating
Oct. 11, 2006	50 First Dates	PG13
Oct. 18, 2006	War of the Worlds	PG13
Oct. 25, 2006	Anchorman	PG13
Nov. 1, 2006	The Wedding Singer	PG13
Nov. 8, 2006	The Mask	PG13
Nov. 15, 2006	Pee-Wee's Big Adventure	PG

## Family Halloween Adventure

Come experience a thrilling adventure through our eerie mansion! Music, crafts, haunted house, graveyard display, and games provide a night of fun, fright, and frolic. Admission can be purchased at Escalante Community Center on the night of event for \$2 per person.

Families M 10/30 6-8:30pm ESCA

## 29th Annual Family Halloween Carnival

Tuesday, October 31, 2005, 5:30-9pm

Kiwanis Community Park  
Mill Avenue and All-America Way

Come join us for a safe alternative to trick-o-treating. Your family will have a bewitching good time with: Entertainment, a costume contest for all ages, face painting, carnival games, and food booths, Tickets can be purchased for 25 cents.

(Please note: some groups may charge more than one ticket per item).

Admission to the event is FREE

For more information, call the City of Tempe Special Event office at 480-350-5189 or visit our website at [www.tempe.gov/pkrec/halloween/](http://www.tempe.gov/pkrec/halloween/)

## Awesome Autumn Adventure Thurs, 10/12, 10am-2pm Tempe Historical Museum 480-350-5100

Join us for family fun featuring crafts, stories, and scavenger hunts for prizes. Explore the history and archaeology of a Tempe landmark, Hayden Flour Mill, and celebrate autumn with a Vietnamese moon festival. The best part is, it's free!